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Coaching for Performance directly impacts the way of working in our companies. It provides coaches and leaders with a fantastic

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*Page 20/35*

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# Coaching For Performance

The first step in any effort to improve employee performance is counseling or coaching. Counseling or coaching is part of the day-to-day interaction between a supervisor and an employee who reports to her, or an HR professional and line managers. Coaching often provides positive feedback about employee contributions.

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people know you care, they open up and  
become co-creators in the development ...

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knowledge and the maturing of the coaching  
industry. **CREATING HIGH**

**PERFORMANCE.** The fact that Coaching  
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What I am keen to underline throughout this edition, though, is that the principles of coaching can be applied to any type of activity and will have the impact of raising performance.

Sir John Whitmore's Coaching for Performance Book 5th ...

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Coaching for Performance: The Principles and Practice of Coaching and Leadership  
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The basic for coaching is to realize that each person is different and they will require some individual attention and approach in regards to feedback and...

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10 principles of effective coaching

Through his books - most notably Coaching for Performance - workshops and speeches,

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He defined the principles of performance coaching and midwived its birth from sporting excellence, transpersonal psychology, and emotional intelligence.

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Coaching cultures are better performing,  
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treating people, a way of thinking, a way of  
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