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Washington, DC, US: American Psychological Association Exacting beauty: Theory, assessment, and treatment of body image disturbance.(1999). xii 396 pp. ISBN. 1-55798-541-3 (Hardcover) Publisher. Washington, DC, US: American Psychological Association. Format Covered. Print. Publication Type. Book; Authored Book.

Intended Audience

*Exacting beauty: Theory, assessment, and treatment of body ...*

Exacting Beauty: Theory, Assessment, and Treatment of Body Image Disturbance.

Body image is a powerful factor in how people feel about themselves. If one suffers from body image disturbance, it often leads to a host of difficulties, ranging from

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low self-esteem to bulimia nervosa, anorexia nervosa, and body dysmorphic disorders.

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Exacting Beauty: Theory, Assessment, and Treatment of Body Image Disturbance. Paperback – 1 Jan. 1999. by J Kevin Thompson (Author), Leslie J Heinberg (Author), Madeline Altabe (Author), Stacey Tantleff-Dunn (Author) & 1 more. 5.0 out of 5 stars 1 rating.

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Successfully integrating explanations from social, interpersonal, feminist, and behavioral-cognitive psychology, Exacting Beauty is packed with invaluable research, case histories and descriptions, and treatment guidance. Clinicians, practitioners, and researchers will value this book for its rich, up-to-date coverage of how psychology grapples with the troubling relationship between psychological health and body image.

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new risk factor for body-image disturbance and eating pathology.

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