

## My Cross To Bear Gregg Allman

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For the first time, rock music icon Gregg Allman, one of the founding members of The Allman Brothers Band, tells the full story of his life and career in *My Cross to Bear*. No subject is taboo, as one of the true giants of rock 'n' roll opens up about his Georgia youth, his long struggle with substance abuse, his string of bad marriages (including his brief union with superstar Cher), the tragic death of brother Duane Allman, and life on the road in one of rock 's most legendary bands.

*My Cross to Bear*: Amazon.co.uk: Allman, Gregg ...

*My Cross to Bear* is an autobiographic memoir of American songwriter-musician Gregg Allman, co-founder of the Allman Brothers Band. It was written by Allman and American journalist Alan Light. The book was published by William Morrow and Company on May 1, 2012. The book's title stems from the Allman Brothers Band song "It's Not My Cross to Bear" (1969). Allman first began keeping a journal in the 1980s, with the intention to possibly write a memoir at some point.

*My Cross to Bear* - Wikipedia

Buy *My Cross to Bear 1* by Gregg Allman (ISBN: 9780062112033) from Amazon's Book Store. Everyday low prices and free delivery on eligible orders.

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For the first time, rock icon Gregg Allman, one of the founding members of The Allman Brothers Band, tells the story of his career, opening up about his long struggle with substance abuse, the tragic death of his brother, and life in one of rock music 's most legendary bands. One of Rolling Stone M

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For the first time, rock music icon Gregg Allman, one of the founding members of The Allman Brothers Band, tells the full story of his life and career in *My Cross to Bear*. No subject is taboo, as one of the true giants of rock 'n' roll opens up about his Georgia youth, his long struggle with substance abuse, his string of bad marriages (including his brief union with superstar Cher), the ...

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Provided to YouTube by Sony Music Entertainment It's Not My Cross To Bear · The Gregg Allman Band I'm No Angel 1987 Sony Music Entertainment Inc. Released ...

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## It's Not My Cross To Bear - YouTube

Gregg Allman. Producer (s) Adrian Barber. "It's Not My Cross to Bear " is a song by the Allman Brothers Band written by Gregg Allman that was released on their 1969 debut album. The song was written about a former lover that Gregg knew . It was also one of the first songs Gregg introduced to the group. The song was often performed live in conjunction with Spencer Davis ' "Don't Want You No More" due to the way the record was produced.

## It's Not My Cross to Bear - Wikipedia

Definition of a cross to bear in the Idioms Dictionary. a cross to bear phrase. What does a cross to bear expression mean? Definitions by the largest Idiom Dictionary.

## A cross to bear - Idioms by The Free Dictionary

For the first time, rock music icon Gregg Allman, one of the founding members of The Allman Brothers Band, tells the full story of his life and career in My Cross to Bear. No subject is taboo, as one of the true giants of rock ' n ' roll opens up about his Georgia youth, his long struggle with substance abuse, his string of bad marriages (including his brief union with superstar Cher), the tragic death of brother Duane Allman, and life on the road in one of rock ' s most legendary bands.

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Cue up The Allman Brothers Band's At Fillmore East and relive  
that seminal moment when the '60s gave way to the '70s in Gregg  
Allman 's new memoir, My Cross to Bear (co-written with former  
Spin and...

BOOK REVIEW: 'My Cross to Bear' by Gregg Allman With Alan  
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For the first time, rock music icon Gregg Allman, one of the  
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Musician Gregg Allman of The Allman Brothers speaks to the  
"CBS This Morning" co-hosts about telling the story of his life and  
career in his new memoir, "My ...

Gregg Allman on memoir, "My Cross to Bear" - YouTube  
my cross to bear was awesome Would you consider the audio

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edition of My Cross to Bear to be better than the print version? yes it was great to hear. i only wish gregg himself had done the the narration. What other book might you compare My Cross to Bear to and why? nothing else compares except the phil lesh book on tape...

My Cross to Bear Audiobook | Gregg Allman, Alan Light ...  
But in the end, baby, long towards the end of your road. Don't reach out for me, babe, 'cause I'm not gonna carry your load. But I'll live on and I'll be strong. 'Cause it just ain't my cross to bear.  
Submit Corrections. Writer (s): Gregg Allman, GREGG ALLMAN. AZLyrics. G. Gregg Allman Lyrics.

The Gregg Allman Band - It's Not My Cross To Bear Lyrics ...  
Gregg Allman, 'My Cross to Bear' In an excerpt from his new memoir published in the May 10th issue of Rolling Stone, Gregg Allman tells of surviving tragedy, heroin and a tumultuous relationship...

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